

# *Curcuma longa*



**Common Name:** Haldi, Turmeric

**Scientific Name:** *Curcuma longa*

**Family:** Zingiberaceae

Turmeric is a flowering plant of the ginger family, Zingiberaceae; the rhizomes of which are used in cooking.

**Economic Importance:** It is a common ingredient of Indian curry and other food preparations, particularly in south Indian cooking. Turmeric is also known for its medicinal value and it's been used as an antiseptic in India since ancient times. It is widely used in the dye, drug and cosmetic industries.